



MDSI presents..... TUNING INTO KIDS & TEENS



A six-session, evidence-based, parenting program for parents of children aged 5 - 17

Would you like to learn how to:

- * be better at talking with your child/teen?
- * be better at understanding your child/teen?
- * help your child/teen learn to manage their emotions?
- * help to prevent behaviour problems?
- * teach your child/teen to deal with conflict?

Tuning in to Kids & Teens shows you how to help your child and/or teen develop emotional intelligence.

Children and adolescents with higher emotional intelligence:

- * have greater success with making friends & are more able to manage conflict with peers
- * are more able to cope when upset or angry
- * have fewer mental health and substance abuse difficulties in the future
- * have greater career success

When: Tuesdays 10:00am to 12:30pm

(commencing 31st October 2017)

**** CHILD CARE AVAILABLE UPON REQUEST ****

Where: MDSI Activity Centre (Blue House), 127 Dumaresq Street, Campbelltown

Prior registration essential by phoning or emailing:

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